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HAT'S FOR LUNCH THIS AUTUMN...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! Jojoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/kcc
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**. We hope your child enjoys our new menus.

www.mycaterlink.co.uk/kcc

Please visit the website for current updates



FRESH
+
HEALTHY
=
TASTY

DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

Is your child entitled to a free school meal?

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.



If your child has a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

ONE

3 Sept, 24 Sept, 15 Oct
12 Nov, 3 Dec

Sausage Pasta Bake with Garlic Bread
Macaroni Cheese
Carrots & Peas
Chocolate Cocoa Cookie
Yoghurt / Fresh Fruit Platter

Cottage Pie
Vegetable Fajitas with Rice
Broccoli & Swede
Apple & Raisin Strudel with Cream
Yoghurt / Fresh Fruit Salad

Roast Turkey with Roast Potatoes & Gravy
Quorn Sausage & Mash with Gravy
Cabbage & Carrots
Syrup Sponge with Custard
Yoghurt / Fresh Fruit Platter

Chicken Enchiladas with Rice
Quorn Goulash with Rice
Green Beans & Sweetcorn
Wholemeal Mixed Fruit Crumble with Custard
Yoghurt / Fresh Fruit Salad

MSC White/Salmon Fish Fingers with Chips
Vegetable Pasty with Chips
Baked Beans & Garden Peas
Iced Sponge
Yoghurt / Fresh Fruit Salad

TWO

10 Sept, 1 Oct, 22 Oct
19 Nov, 10 Dec

Beef Meatballs in Tomato Sauce with Rice
Soya Mince Lasagne with Garlic Slice
Cabbage & Sweetcorn
Eve's Pudding with Custard
Yoghurt / Fresh Fruit Platter

Chicken & Broccoli Pasta
Shepherdess Pie
Green Beans & Carrots
Chocolate Sponge with Chocolate Drizzle
Yoghurt / Fresh Fruit Chunks

Roast Pork with Roast Potatoes & Gravy
Sweet Potato & Lentil Curry with Rice
Broccoli & Swede
Rice Pudding with Mixed Berries
Yoghurt / Fresh Fruit Salad

Spaghetti Beef Bolognese with Garlic Slice
Bean & Vegetable Cobbler
Medley of Vegetables
Oaty Peach Crumble with Custard
Yoghurt / Fresh Fruit Platter

MSC Breaded Fish with Chips
Wholemeal Cheese & Tomato Quiche with Chips
Baked Beans & Garden Peas
Apple & Raisin Flapjack
Yoghurt / Fruit

THREE

17 Sept, 8 Oct, 5 Nov
26 Nov, 17 Dec

Wholemeal Cheese & Ham Pizza with Potato Salad
Wholemeal Cheese & Tomato Pizza with Potato Salad
Sweetcorn & Green Beans
Mandarin Upside Down Cake
Yoghurt / Fresh Fruit Platter

Chicken Korma with Rice
BBQ Quorn Wrap with Rice
Medley of Vegetables
Chocolate & Banana Oaty Square
Yoghurt / Fresh Fruit Salad

Roast Chicken with Stuffing, Roast Potatoes & Gravy
Vegetable Wellington with Roast Potatoes & Gravy
Savoy Cabbage & Swede
Carrot & Courgette Cake with Custard
Yoghurt / Fresh Fruit Chunks

Beef Lasagne with Garlic Bread
Spanish Omelette with New Potatoes
Broccoli & Carrots
Wholemeal Apple Crumble with Custard
Yoghurt / Fresh Fruit Salad

MSC Battered Fish with Chips
Cheese & Pepper Whizz with Chips
Baked Beans & Garden Peas
Lemon Drizzle Cake
Yoghurt / Fresh Fruit Salad

AVAILABLE EVERY DAY...

Jacket Potatoes
freshly cooked daily where advertised with a choice of fillings
Bread
freshly baked on site daily
Daily Salad Selection
there will be a selection of salad items available daily
Fresh Fruit & Yoghurt
available daily

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**. We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

Vegetarian option

Oily fish

Marine Stewardship Council details
Web: www.msc.org
Chain of Custody
Registration Code
MSC-C-54995

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY