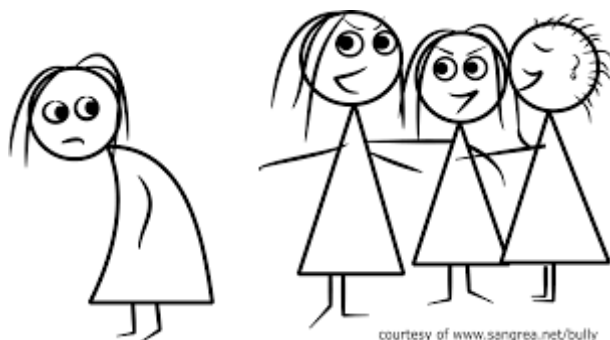




## LET'S TALK ABOUT BULLYING



To all Parents and Carers

Would you like to find out about bullying?

- What is bullying?
- What are the signs of being bullied?
- Do you know how to help and support your child?
- How can you build your child's confidence and self-esteem?

If the answer to any of these is yes, then you will be interested in a workshop that we are running at St. Michael's

**Monday 16<sup>th</sup> November 2015 @ 9.30AM**

Duration -2 hrs

We aim to discuss what constitutes bullying and the difference between bullying and learning social skills.

Where to find help and support if you need it and how to support your child's confidence and self-esteem

If you are interested then please complete and return the attached slip to save a place.

Many thanks

Kim Hamilton FLO.

✂.....

I am able/ not able to attend the session on bullying.

Name:.....

Child's name and year group:.....

Contact number:.....